

ABORTION HURTS WOMEN

/the psychological harm

Abortion harms women - and the scientific evidence revealing the extent of that harm can no longer be denied.

A recent extensive analysis by Doctor PRISCILLA COLEMAN found an **81% INCREASED RISK OF MENTAL HEALTH PROBLEMS** for women following abortion.¹

Shockingly, the review also found that nearly 10% of the incidence of all mental health problems arising in women is directly attributable to abortion. The analysis involved 163, 831 women who had experienced an abortion.

DR. PRISCILLA COLEMAN

➔ Other studies show that

- Following abortion, women are more likely to suffer from major depression, panic attacks, panic disorder, agoraphobia, PTSD, bipolar disorder, and substance abuse disorders.²
- A recent study found that the rate of suicide in women who had undergone abortion was six times that of women who gave birth in the prior year.³
- Women who had abortions had a 30% higher incidence of mental health problems according to a 30-year study following more than 500 women.⁴
- Women who underwent an abortion have a 98% increased risk for any mental health disorders compared to women who did not have an abortion according to Canadian research.⁵
- Women with a history of abortion have significantly higher rates of general anxiety disorder.⁶
- Post-abortive women showed highest symptoms of depression and showed signs of severe psychiatric morbidity with a lasting psychological impact.⁷
- Women who have had an abortion have higher rates of mental health problems including depression, anxiety, suicidal behaviours and substance abuse.⁸
- One study found that 65% of women who had abortions experienced multiple symptoms of Post-Traumatic Stress Disorder which they attributed to their abortions. It also found that two-thirds of the women felt coerced into having an abortion.⁹
- In addition, over 100 long-term international studies concluded that induced abortion increases the risk for mood disorders enough to provoke attempts at self-harm.¹⁰

**THE EVIDENCE IS VERY CLEAR:
ABORTION KILLS CHILDREN AND
HURTS WOMEN.**

WOMEN'S VOICES

"After having my abortion I was in shock. I couldn't believe what I had done. I wanted to kill myself."



NICOLE APPLETON, MEMBER OF THE BAND "ALL SAINTS"

"It messed me up. I don't know - it broke my spirit. I feel like I became.....kind of like, not my strong self anymore. I feel like I gave in and I broke to what someone else wanted. And I would break down and I would just cry - because I wasn't a mommy. I cried almost every day for almost nine years."

ROZANDA "CHILLI" THOMAS, BEST KNOWN FOR BEING A MEMBER OF SUCCESSFUL HIP-HOP TRIO "TLC", ON THE ABORTION SHE HAD WHEN SHE WAS 20 YEARS OLD



"As the host of eight documentaries on the subject of abortion, I have met many other women who carry these deep psychological scars. In fact, I have met so many that I now believe that there are only two kinds of women who have had abortions: those who have hit the emotional wall and those who will."

JANE CHASTAIN, COLUMNIST AND RADIO HOST

"Having the abortion was a major factor in my drinking and drug-taking. It had something to do with the lack of respect I had for myself."

MOYA BRENNAN, SINGER, FORMERLY OF "CLANNAD"

lifefacts/backup

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"You cannot deny that something is being created ... a psychological price is paid. ... Something happens on the deeper levels of a woman's consciousness... I know that as a psychiatrist."

DR. JULIUS FOGEL, PSYCHIATRIST AND OBSTETRICIAN WHO PERSONALLY PERFORMED OVER 20,000 ABORTIONS

"It's not good for women to go through the procedure [abortion] and have something living sucked out of their bodies. It belittles women. Even though some women say, 'Oh, I don't mind to have one,' every time a woman has an abortion, it just crushes her self-esteem smaller and smaller and smaller."



DOLORES O'RIORDAN, LEAD VOCALIST OF THE CRANBERRIES

